



Directions to the Two Frogs
Healing Center at
**170 West Patrick Street,
Frederick, MD
301.228.3764 (301.ACU.FROG)**

From DC

**Take 495 towards 270N
Merge onto Rt. 85 North /
Buckeystown Pike via exit 31A
towards Market Street
Turn LEFT onto Rt. 355 / Urbana
Pike
Continue to Follow 355 North
Turn LEFT onto West Patrick
Street
At the second traffic light, Turn
LEFT onto Bentz Street
Turn LEFT into the first driveway.
Park at the red and white signs that
say “Select Benefits”**

