

Name : _____ Date : _____

Lyme Disease Specific Symptoms

Did you have:	Please indicate yes or no (Y / N) and/or date month/year	
tick bite		
spotted rash over large area		
circular or bull-eye rash		
linear red streaks		
Lyme test date(s) mm/year		Results: (positive +, or negative -)
Date when first experienced Lyme symptoms		First symptom description (fatigue, pain, rash, etc)
Have you ever been diagnosed with:	Diagnosed (Y / N)?	Date of diagnosis (mm/year)
Fibromyalgia		
MS		
ALS		
Parkinsons		
Chronic fatigue		
depression		
ADD		
Have you been diagnosed with these co-infections?	Diagnosed (Y / N)?	
Babesia		
Ehrlichiosis		
Bartonella		
Parvo virus		
Other		
Have you been diagnosed with heavy metal toxicity?	Diagnosed (Y / N)?	Undergone chelation (Y / N)?
Lead		
Mercury		Date(s) of chelation:
Cadmium		
Aluminum		
Arsenic		
Other		
Have you been diagnosed with environmental mold toxicity?	Diagnosed (Y / N)?	Still being exposed (Y / N)?
HLA test results		

Lyme Disease Specific Symptoms

Since you have been diagnosed with Lyme or first recall having Lyme-like symptoms, have you experienced greater:											
SENSORY			CURRENT SEVERITY (check one)				CURRENT FREQUENCY (check one)				
			None	Mild	Moderate	Severe	Never	Occasional	Often	Constant	
taste abnormalities											
smell abnormalities											
sensory abnormalities											
HEARING			CURRENT SEVERITY (check one)				CURRENT FREQUENCY (check one)				
			None	Mild	Moderate	Severe	Never	Occasional	Often	Constant	
hypersensitivity to sound											
ringing or buzzing in ears											
hearing loss											
pain in the ears											
VISION			CURRENT SEVERITY (check one)				CURRENT FREQUENCY (check one)				
			None	Mild	Moderate	Severe	Never	Occasional	Often	Constant	
blurry vision											
double vision											
blindness											
photophobia oversensitivity to light											
pain in eyes											
floaters											
drooping eyelid											
SPEECH			CURRENT SEVERITY (check one)				CURRENT FREQUENCY (check one)				
			None	Mild	Moderate	Severe	Never	Occasional	Often	Constant	
slurred speech											
vocal paralysis											
speech errors											
misspeaking											

Lyme Disease Specific Symptoms

BODY PAIN & DISCOMFORT	CURRENT SEVERITY (check one)				CURRENT FREQUENCY (check one)			
	None	Mild	Moderate	Severe	Never	Occasional	Often	Constant
headache								
facial pain								
toothaches								
jaw pain								
ear pain								
neck pain								
back pain -unexplained								
chest pain								
abdominal pain								
abdominal distention, wall weakness								
abdominal paralysis								
pain in genital area								
carpal tunnel syndrome								
foot pain								
muscle pain or cramping								
shooting or stabbing pains								
numbness / tingling / burning								
stiffness								
muscle weakness								
pain like electrical zaps								
pain that feels like being scraped with a cheese grater								
JOINT PAIN	CURRENT SEVERITY (check one)				CURRENT FREQUENCY (check one)			
	None	Mild	Moderate	Severe	Never	Occasional	Often	Constant
fingers								
toes								
ankles								
wrists								
knees								
elbows								
hips								
shoulders								
JOINT SWELLING	CURRENT SEVERITY (check one)				CURRENT FREQUENCY (check one)			
	None	Mild	Moderate	Severe	Never	Occasional	Often	Constant
fingers								
toes								
ankles								
wrists								
knees								
elbows								
hips								
shoulders								

Lyme Disease Specific Symptoms

ENERGY DEPLETION	CURRENT SEVERITY (check one)				CURRENT FREQUENCY (check one)			
	None	Mild	Moderate	Severe	Never	Occasional	Often	Constant
fatigue								
sleep disturbances								
poor stamina								
need for greater sleep								
DIGESTION	CURRENT SEVERITY (check one)				CURRENT FREQUENCY (check one)			
	None	Mild	Moderate	Severe	Never	Occasional	Often	Constant
nausea								
vomiting								
constipation								
diarrhea								
increased fatigue after eating dairy, wheat, sugar, or alcohol								
increased bloating after eating dairy, wheat, sugar, or alcohol								
NEUROLOGICAL	CURRENT SEVERITY (check one)				CURRENT FREQUENCY (check one)			
	None	Mild	Moderate	Severe	Never	Occasional	Often	Constant
dementia								
achiness - generalized								
walking difficulty / ataxia								
tourett's like syndrome								
stroke								
parkinsonism								
motor neuron disease, ALS like								
coma								
clumsiness								
brain hemorrhage								
aneurysm								
Bell's palsy								

Lyme Disease Specific Symptoms

COGNITIVE	CURRENT SEVERITY (check one)				CURRENT FREQUENCY (check one)			
	None	Mild	Moderate	Severe	Never	Occasional	Often	Constant
brain fog								
dyslexia								
disorientation -getting lost, wrong destination								
memory impairment								
confusion								
concentration difficulties								
word reversals when speaking								
difficulty recalling names								
difficulty recalling words								
task performance difficulties								
facial recognition difficulties								
declining school performance								
difficulty reading								
difficulty absorbing new information								
EXTERNAL INFLUENCES	CURRENT SEVERITY (check one)				CURRENT FREQUENCY (check one)			
	None	Mild	Moderate	Severe	Never	Occasional	Often	Constant
twitching								
tremors / shaking								
chills								
fever								
chronic cough								
sweating								
vertigo / dizziness								
spinning								
motion sickness								
Bell's Palsy								
lightheadedness								
wooziness								
EMOTIONAL	CURRENT SEVERITY (check one)				CURRENT FREQUENCY (check one)			
	None	Mild	Moderate	Severe	Never	Occasional	Often	Constant
mood swings								
irritability								
depression								
unable to hold back tears								
hopelessness								
anxiety								
panic attacks								

Lyme Disease Specific Symptoms

WOMEN	CURRENT SEVERITY (check one)				CURRENT FREQUENCY (check one)			
	None	Mild	Moderate	Severe	Never	Occasional	Often	Constant
Unexplained menstrual activity								
Unexplained milk production								
Unexplained breast pain								
MEN	CURRENT SEVERITY (check one)				CURRENT FREQUENCY (check one)			
	None	Mild	Moderate	Severe	Never	Occasional	Often	Constant
erectile dysfunction								
OTHER	CURRENT SEVERITY (check one)				CURRENT FREQUENCY (check one)			
	None	Mild	Moderate	Severe	Never	Occasional	Often	Constant
lyme simulating malignancy								
testicular or pelvis pain / swelling								
pregnancy/maternal fetal transmission								
impotence								
urinary problems								
weight loss/gain								
anorexia								
muscle spasm								
heart abnormalities								
swollen glands								
shortness of breath								
recurring rash								
meningitis								
kidney failure								
tumor								
cartilage erosion								
bone erosion								
gout								
hepatitis								
psychosis								
hallucinations								
delusions								
paranoia								
manic-depression, bipolar								
hair loss								
sore throat								
swallowing difficulty								
persistent swollen glands								
facial swelling								
skin sensitivity								
discomfort wearing clothes								
symptoms flare every four weeks								
unavoidable need to sit or lie down								

Many thanks to Dr. Burrascano for his Lyme Symptoms Form and to our clients for sharing their concerns.

Reprinted from ADVANCED TOPICS IN LYME DISEASE, Fifteenth Edition Sept, 2005

DIAGNOSTIC HINTS AND TREATMENT GUIDELINES FOR LYME AND OTHER TICK BORNE ILLNESSES

By JOSEPH J. BURRASANO JR., M.D. Copyright, September, 2005.